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## The Clinic **NEWSLETTER**

for  
**Eastbourne Chiropractic Clinic**

5 Old Orchard Road, Eastbourne, East Sussex BN21 1DB



Tel: 01323 733361

e-mail: [info@eastbournechiropractic.co.uk](mailto:info@eastbournechiropractic.co.uk)

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**WINTER 2016**

**CLINIC NEWS**

Newsletter no 10

### ***The New Team***

#### **Alison Belcourt, BA(Hons) DipION Nutritionist**

We are pleased to announce the arrival of nutritionist **Alison Belcourt** at the clinic.

Alison has worked full time in the field of nutrition for 16 years. She specialises in hormonal problems, digestive health, chronic fatigue syndrome, hormone balance, arthritis, osteoporosis, allergy and blood sugar control. As well as being in private practice in London and East Sussex, Alison is also a tutor for CNM College of Naturopathic Nutrition in Brighton, and a freelance health writer. For more information, visit her website at [www.alisonbelcourt.co.uk](http://www.alisonbelcourt.co.uk)



#### **Suzanne - Practice Manager**

Since the retirement of Carol, Suzanne has taken over the running of the Clinic, and become the Practice Manager. She is responsible for the day to day running of all aspects of the clinic. Suzanne operates an open door policy, so should you have any questions or queries that you wish to discuss with her then she is always pleased to help. Please call the clinic with any queries.



## **Christine - Massage Therapist**

Christine has over 12 years experience in both massage and aromatherapy, which can help relax tense muscles, relieve pain, reduce stress and relax the mind. Massage can help improve blood flow, improve ones physical function and increase feeling of well being.

*See below for Chistmas Gift Voucher Offer.*



## **Linda - Clinic Assistant**

Linda has recently joined us in the clinic and has settled in straight away. She can assist you with all enquiries beginning with your first visit. She is responsible for patients' satisfaction making sure that your questions are dealt with and that every visit to our clinic meets your high expectations.



## **HAPPY FESTIVITIES**

**Hilton, David**

**& the Team**

(& Albert)

We are closed on:

26, 27 December

2nd January



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## **Massage Gift Vouchers**

Special Offer for Christmas!

**Treat your loved ones to a relaxing pamper  
with Christine Redman**

Special price for December:

back and Neck £20  
full body £35

**Call today: 01323 733361**

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If you've been helped by chiropractic, then please  
recommend your friends and family. If you're not sure if we  
help then

a  
**Free**

## Chiro Check

Can help them Decide.

They can come in, or phone for a **free 15min** chat about their problems  
with Hilton or David.

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[www.eastbournechiropractic.co.uk](http://www.eastbournechiropractic.co.uk)

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Eastbourne Chiropractic Clinic  
5 Old Orchard Road  
Eastbourne, East Sussex BN21 1DB  
United Kingdom

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